

# How does First Touch make a difference?

## Helping Families

Having a baby on the nnu is a stressful and bewildering experience and we work closely with the unit's Family Centred Care Co-ordinator to provide a range of initiatives which make a big difference to families whilst they are with us.

*"I will always be grateful to First Touch, especially for the very simple memory box that is so very important to me."* Leigh, Hugo's mum

*"Sometimes it's hard to feel like a proper dad when your baby is on the nnu. First Touch provide so many things to help reinforce that I am a dad, I'm important to my baby and I need support too."*  
Marcus, Iris's dad



## Providing Equipment

Donations from our supporters enable us to provide the nnu with state-of-the-art medical equipment, which is often beyond the scope of NHS budgets, enabling staff to give the babies first-class care.

*"First Touch makes a huge difference to the range of medical equipment we can provide for the babies"* Dr Justin Richards



## Supporting Staff

First Touch is proud to support the amazing medical staff who care for the babies on the nnu by funding specialist training so they all have access to the latest and best clinical knowledge and patient care.



*"Nursing a neonatal baby requires a very high level of specialisation, The support First Touch provides in this area is invaluable."* Mariella Tonzanu, Practice Educator

## How can you help?

Every year we fund a variety of items ranging in price from just £10 up to tens of thousands of pounds. Every donation we receive, however large or small, makes a real difference to our work on the nnu and the support we can offer the babies and their families and our staff.

Please help us give our tiny, vulnerable patients the very best possible start in life.

Donations can be made at:  
[www.justgiving.com/firsttouchstgeorges](http://www.justgiving.com/firsttouchstgeorges)



| Neonatal Stores                |          |
|--------------------------------|----------|
| Thank you for shopping with us |          |
| ULTRASOUND                     | £55,000  |
| INCUBATOR                      | £24,995  |
| BRAIN MONITOR                  | £8,000   |
| CARDIAC PROBE                  | £6,000   |
| CPAP MACHINE                   | £7,000   |
| VAPOTHERM                      | £5,000   |
| CUDDLE CHAIR                   | £1,400   |
| APNOEA MONITOR                 | £600     |
| HELP WITH TRAVEL               | £100     |
| BEREAVEMENT TRAINING           | £65      |
| BREASTFEEDING PILLOW           | £60      |
| MEMORY BOX                     | £30      |
| CHRISTMAS STOCKING             | £20      |
| -----                          |          |
| TOTAL DUE                      | £200,000 |

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# first touch

Supporting sick and premature babies at St George's



## A tiny charity with a massive cause

The neonatal unit (nnu) at St George's Hospital cares for more than 600 babies each year. Many of these babies are born prematurely, with some mothers having only just reached 24 weeks of pregnancy. Some babies require life-saving surgery and some are transferred to the St George's nnu for specialist care which is not available at the hospital where they were born.

First Touch is the official charity of St George's neonatal unit and thanks to dedicated and generous supporters, raises around £200,000 each year to help the babies and their families to a brighter future. We are indebted to the individuals, families, schools, businesses and charitable trusts for the donations we receive from them and which make our work possible.



*"Charlie was born 10 weeks early at Kingston Hospital and was blue lighted to St George's for surgery. The First Touch charity were there for Clare and me in our time of need. They found accommodation at the hospital, provided us with food, support, and everything we could have needed to care for ourselves and Charlie."* Michael, Charlie's Dad